

Apopka Child Academy

One year old Schedule (5:30am-7:00pm)

This Schedule May Change to the Needs of the Children or due to any weather conditions

5:30 – 7:45	Greeting/Hand washing/Center Exploring (All Centers Open)
7:45 – 8:00	Story Time/ Self Help Skills (Diapering/Toileting)
8:00 – 8:30	Breakfast/Center Exploring (Hand Washing before & after meals.)
8:30 – 8:45	Music & Movement Activity/Alternative Activities also Available
8:45 – 9:00	Table Top Activities
9:00 – 10:30	Center Exploring (All Centers Open) Outdoor Active Physical Play (Sand/Water Activities Available Daily) Teacher Directed Art/Small group activity (Diapering/Toileting)
10:30-10:45	Circle Time
10:45-11:00	Transition activity / (Diapering/Toileting)
11:00 – 11:30	Lunch (Hand washing before & after meals.)
11:30 – 11:45	Gross Motor/Self Help Skills (Diapering/Toileting)
11:45 – 1:45	Nap Time
1:45 – 2:30	Wake up/Snack/Self Help Skills (Diapering/ Toileting)
2:30 – 4:00	Outdoor Active Physical Play (Sand/Water Activities Available Daily) Music & Movement Activity/Alternative Activities also Available
4:00 – 4:15	Science
4:15 – 4:30	Creative Expression of Sensory
4:30 – 5:15	Center Exploring (All Centers Open) (Diaper/Toileting)
5:15 – 5:30	Finger Plays/Songs
5:30 – 6:00	Small group Art/Center Exploring (All Centers Open) (Diapering/Toileting)
6:00 – 7:00	Story Time/Table Top/Floor Activities

We use a class rotation schedule for A.M and P.M outside time, the times scheduled for more than 15 Minutes are because our class breaks into three groups of five children.